

# Anita A. Neuer, MA, CRC, NCC

## Licensed Professional Counselor~Supervising Counselor

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### PROFILE

*Creative ,results-oriented helping professional skilled in counseling, coaching, training and development. Experienced presenter and group facilitator. Strong interest in use/applications of psychological type.*

### EMPLOYMENT EXPERIENCE

- |                             |  |                |
|-----------------------------|--|----------------|
| <b>Counselor/Consultant</b> | Private Practice<br>Birmingham, AL   | 1998 – Present |
|                             | <ul style="list-style-type: none"><li>➤ Counselor/therapist for busy practice targeting private-pay/self-referred clients, referrals through local EAP/Managed Care organizations, and contract referrals through the state Department of Human Resources, working on a variety of issues including-but-not-limited-to psychological type, depression, anxiety, career, relationships, trauma, parenting, and anger/stress management</li><li>➤ Mentor and provide clinical supervision/consultation (formal and informal) to pre-licensed counselors and graduate students</li><li>➤ Coach, Facilitator, Presenter and Trainer (team-building; leadership; psychological type, time management, embracing change, etc.) for small – medium sized organizations through partnership in <i>WorkLife Consulting &amp; Counseling, PC</i> (2004 – present)</li><li>➤ Served as local Site Coordinator and National Trainer for <i>Christian Women’s Job Corps.</i> (1998 – 2005), providing case management, mentor training and coordination services for women moving from dependency to self-sufficiency</li></ul> |                |
| <b>Executive Recruiter</b>  | The Hire Authority, Inc.<br>Birmingham, AL   | 1993 – 1997    |
|                             | <ul style="list-style-type: none"><li>➤ Placed telecommunications professionals throughout the Southeast</li><li>➤ Established and maintained business relationships with corporate clients and a variety of community organizations and referral sources</li></ul>  |                |
| <b>Producing Manager</b>    | Olsten Staffing Services<br>Roseland, NJ   | 1990 – 1992    |
|                             | <ul style="list-style-type: none"><li>➤ Opened 2 new offices, including space and furnishings procurement, staffing and training</li><li>➤ Added <i>Permanent Placement</i> services for a traditional “temporary help” firm</li><li>➤ Supervised and developed a staff of 8 people</li></ul>  |                |
| <b>Account Executive</b>    | Roth-Young Executive Search<br>Edison, NJ  | 1985 – 1989    |
| <b>Sales Manager</b>        | Abraham & Straus Department Store (Federated)<br>Woodbridge, NJ  | 1984 – 1985    |

### EDUCATION, TRAINING, & CERTIFICATIONS

<b>Supervising Counselor #486</b>	Alabama Board of Examiners in Counseling	2006
<b>Certified MBTI Practitioner #C11742</b>	MBTI Certification Program, Gainesville, FL	2002
<b>National Certified Counselor #68663</b>	National Board for Certified Counselors, Inc.	2001
<b>Licensed Professional Counselor #1974</b>	Alabama Board of Examiners in Counseling	2001
<b>CISM: Basic and Advanced</b>	International Critical Incident Stress Foundation	2001
<b>EMDR: Level One and Level Two</b>	EMDR Institute	2001

### EDUCATION, TRAINING, & CERTIFICATIONS – Cont'd

<i>M.A., Rehabilitation Counseling</i>	University of Alabama at Birmingham	1998
<i>Certified Rehabilitation Counselor #35748</i>	Commission on Rehabilitation Counselor Certification	1997
<i>Certified Personnel Consultant</i>	National Association of Personnel Consultants	1989
<i>B. A., Sociology</i>	Rutgers, The State University of New Jersey	1984

### PROFESSIONAL MEMBERSHIPS

International Positive Psychology Association	EMDR International Association
AL Assn. of Cnlr Educators and Supervisors: '08/09 <i>Site Liaison</i>	Assn. of LGBT Issues in Cnslng of AL: '08/09 <i>Secty</i>
Southern Assn. of Counselor Educators and Supervisors	AL Counseling Assn: 2005-07 <i>Awards Co-Chair</i>
AL Mental Health Counselor Assn: 2002-03 <i>President</i>	American Mental Health Counselor Association
Chi Sigma Iota Counseling Honorary: <i>Past-President, Zeta/UAB</i>	Alabama Career Development Association
Alabama Society for Training and Development	Network Birmingham: 2003-04 <i>President</i>
Birmingham Society for Human Resource Management	National Career Development Association
AL Association for Psychological Type: 2005-06 <i>President</i>	Starlight Ministries, Inc.

*Active volunteer with Camp Coast Care (Katrina relief/rebuilding efforts in Long Beach, MS), Constructores Para Christo (building homes for the poor in Mexico, my local church, and the United Way of Central AL, Inc.*

### ARTICLES AND PUBLICATIONS

- “Understanding and Treating PTSD: A Primer” – co-authored with Gary Williams, LPC  
Invited article for *The Advocate*, 30:11, December 2007
- “Excellence Means Embracing Responsibility”  
Invited article for special edition of Chi Sigma Iota International’s *Exemplar*, 21:4, Fall 2006.
- “So You’re Thinking of Going into Private Practice”  
*Viewpoint*, Summer 2005, AL Mental Health Counselors Association.

### AWARDS & RECOGNITION

<i>Mental Health Counselor of the Year</i>	American Mental Health Counseling Association	2008
<i>Outstanding Practitioner Award</i>	Alabama Counseling Association (ALCA)	2007
<i>Wilbur Tinscher Award for a Humanitarian &amp; Caring Person</i>	ALCA	2007
<i>Leadership Birmingham Nominee</i>	Leadership Birmingham	2005
<i>Woman of the Year</i>	Network Birmingham	2004
<i>Outstanding Practitioner Award</i>	Chi Sigma Iota International Counseling Honorary	2003

### SCHOLARLY PRESENTATIONS

- “Succeeding in Love: Making Relationships Work”  
Invited Presentation for University of AL at B’ham – EAP Resource Center, April 2008
- “Helping Your ‘Temperamental’ Clients Manage the GRIP Experience”  
Invited Content Session for CONVERGENCE Conference, 2008 (16types.com), Irvine, CA
- “Is your NET Working?”  
Invited Content Session for - *Summit Three* Conference, January 2008.
- “The HOW and WHY of Psychological Type: 16 Types from the Outside In”  
Keynote - *Alabama Association for Psychological Type* Regional Workshop, 11/ 2007.
- “Straight Spouses: When your client’s husband or wife comes out”  
Alabama Counseling Association (ALCA) 2007 Conference – Content Session

**SCHOLARLY PRESENTATIONS - Continued**

- “Single Again: Helping Women survive and thrive through Divorce”  
Alabama Counseling Association (ALCA) 2007 Conference – Content Session
- “Helping Couples Use ‘I Statements’ more Effectively”  
ALCA 2007 Fall Conference– Content Session with co-presenter Gary Williams, LPC
- “Post-Traumatic Stress Disorder”—co-presented with Gary Williams, LPC  
American Mental Health Counselors Association 2007 Conference – Content Session  
AL Council of Community Mental Health Boards 2006 Conference– Content Session  
ALCA Chapter IV Building Bridges Conference, February 2004; for Alabama Rehabilitation Association, August 2004; ALCA Annual Conference November 2004
- “Utilizing 8 Mental Functions in MBTI Assessment”  
Invited Keynote - *AL Association for Psychological Type* Summer Workshop, June 2007.
- “Understanding the New Temperament Nomenclature”  
Content Session - *Alabama Association for Psychological Type* Workshop, June 2007.
- “Intake and Assessment”  
Invited Content Session for - *Summit Two* Conference, January 2007.
- “Using Personality Type to Strengthen Career Management Skills”  
Alabama Counseling Association (ALCA) 2006 Conference – Content Session
- “Life Coaches: Threat or Complement to the Counseling Industry?”  
ALCA 2006 Fall Conference – Content Session with co-presenter Gary Williams, LPC.
- “Understanding the MBTI Functions-Attitudes”  
Alabama Counseling Association 2005 Fall Conference – Content Session  
AL Association for Psychological Type~Panel Speaker, Fall 2005.
- “Beyond Theory: Finding Your Counselor ‘Self’”  
Invited - ALCA Chapter 1 Spring 2004 Workshop, with co-presenter Gary Williams, LPC.  
Repeated for 3 different groups of masters-level counseling interns during 2004.
- “Two Therapists, One Couple, Same Session: Why and How”  
ALCA 2003 Fall Conference – Content Session with co-presenter Gary Williams, LPC
- “Snapshots of the 16 Types”  
ALCA 2003 Fall Conference – Content Session.
- “NIMH: Resources and Treatment Options for Various Mental Disorders”  
ALCA 2002 Conference – Content Session with Vaughn Millner, Ph.D., LPC).
- “EMDR: What’s it all About?” (co-presenter with Gary Williams, Ed.S., LPC)  
Alabama Counseling Association 2001 Fall Conference Break-Out session; repeated for CSI/Zeta Chapter Brown Bag Lunch December 2001; repeated for Children’s Harbor Staff In-Service July 2002; repeated for American Mental Health Counselor Association Annual Conference July 2002.
- “Lifestyle and Career Development”  
Guest Lecturer for NCE Prep Class at UAB, Summer 1999.
- “Christian Women’s Job Corps – A Viable Welfare-to-Work Model”  
Alabama Counseling Association 1998 – Content Session.